

VIRGINIA DEPARTMENT OF HEALTH OFFICE OF THE CHIEF MEDICAL EXAMINER

"To promote and protect the health of all Virginians"

Fatal Drug Overdose Quarterly Report 2ND QUARTER 2017

Edition 2017.2

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METHODS, CONSIDERATIONS, AND LIMITATIONS

This quarterly report contains the most recent number of drug related deaths in Virginia for the previous quarter. <u>The numbers represented in this report are preliminary, subject to</u> <u>change, and are most likely slightly under reported at the time of publication</u> due to operational practices and limitations (specifically case turnaround time for reports) within the agency; therefore updates and/or changes to numbers previously published in past reports should be expected. It is highly recommended that when citing these data and reports, the edition number is included.

Data analyzed in the report is obtained from the Virginia Medical Examiner Database System (VMEDS). VMEDS is an internal agency database which contains detailed information on all deaths reported to the OCME. Data presented in this report is based upon accepted cases of either full autopsy or external exams. All manners of fatal drug overdoses (accident, homicide, suicide, and undermined) are included in this report.

Due to the nature of law enforcement and OCME death investigation, all deaths presented in this report are based upon locality of occurrence and not residential status of the decedent. The numbers and rates of these death by locality of injury and drug name/drug category are available in separate documents (<u>http://www.vdh.virginia.gov/medical-examiner/forensic-epidemiology/)</u>.

This report compiles data on drugs causing or contributing to death in fatal drug overdose cases. This report does not include data on drugs detected, but not contributing or causing death.

Often, drug-related deaths have more than one drug causing or contributing to death. Therefore, deaths in which multiple categories of drugs caused or contributed to death will be represented once within each drug category, but multiple times within the entire report. Example: a fatal cocaine, heroin, and alprazolam overdose death will be counted in the cocaine summary, the heroin summary, and the benzodiazepine summary.

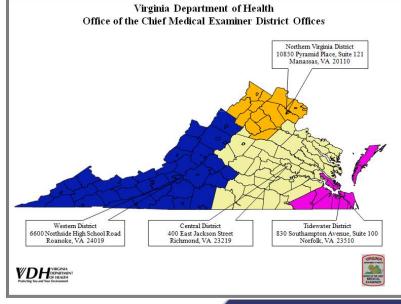
Prescription Opioids analyzed in this report include buprenorphine, codeine, hydrocodone, hydromorphone, levorphanol, meperidine, methadone, morphine, oxycodone, oxymorphone, pentazocine, propoxyphene, tapentadol, and tramadol and are included in the category of 'Prescription Opioids'. Benzodiazepines analyzed in this report include alprazolam, clonazepam, diazepam, flurazepam, lorazepam, midazolam, nordiazepam, oxazepam, temazepam, and triazolam and are included in the category of 'Benzodiazepines'.

Projected estimates for 2017 (entire year) are calculated based upon initial counts by quarter, average toxicology turnaround time at the time of the report, the date of data analysis, and previous quarter fatality trend review.

Rate calculations are based upon Virginia population projections. These population estimates came from the Virginia Department of Health, Division of Health Statistics (<u>http://www.vdh.virginia.gov/HealthStats/stats.htm</u>).

Quarters are based upon calendar year and are defined as follows:

- Quarter 1 (Q1)- January 1st March 31st
- Quarter 2 (Q2)- April 1st June 30th
- Quarter 3 (Q3)- July 1st September 31st
- Quarter 4 (Q4)- October 1st December 31st



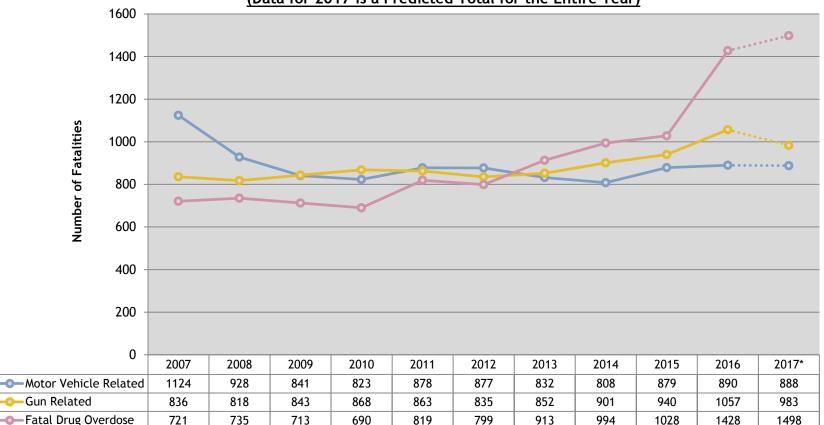


MAIN TAKEAWAYS

- Fatal drug overdose has been the leading method of unnatural death in Virginia since 2013 and the leading method of accidental death since 2014
- Opioids have been the driving force behind the large increases in fatal overdoses since 2013
- In 2015 statewide, the number of illicit opioids deaths surpassed Rx opioid deaths. This trend continued at a greater magnitude in 2016
- There has not been a significant increase or decrease in fatal Rx opioid overdoses over the 10 year time span (2007-2016)
- Fatal fentanyl overdoses (Rx, illicit, and analogs) increased by 176.4% from 2015 to 2016 (225 and 622 deaths, respectively)
- Rural areas of Virginia have the highest mortality rates due to Rx opioids while urban areas have the highest mortality rates due to illicit opioids
- The number of fatal cocaine overdoses began increasing in 2015. In 2016, 54% of fatal cocaine overdoses also had fentanyl causing death

TOP 3 METHODS OF UNNATURAL DEATH

The leading methods of unnatural death in Virginia since 2007 have been motor vehicle collisions, gun-related deaths, and fatal drug overdoses (these methods of death include all manners of death: accident, homicide, suicide, and undetermined). In 2013, fatal drug overdose became the leading method of unnatural death in the Commonwealth. This trend has continued to worsen at a greater magnitude due mainly to illicit opioids (heroin, illicit fentanyl, and fentanyl analogs).



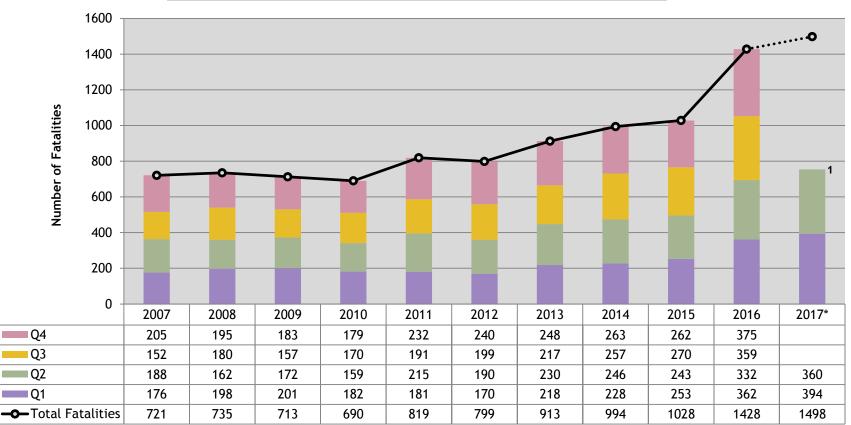
Total Number of Motor Vehicle, Gun, and Drug Related Fatalities by Year of Death, 2007-2017 (Data for 2017 is a Predicted Total for the Entire Year)

¹ Top 3 methods of death (motor vehicles, guns, and drugs) include all manners of death (accident, homicide, suicide, and undetermined)



ALL DRUGS

The total number of fatal drug overdoses statewide has increased each year. In 2013, fatal drug overdose became the number one method of unnatural death in the Commonwealth, surpassing both motor vehicle-related fatalities and gunrelated fatalities. In 2014, fatal drug overdose became the leading cause of accidental death in Virginia. The number of all fatal overdoses in 2016 compared to 2015 increased by 38.9%.

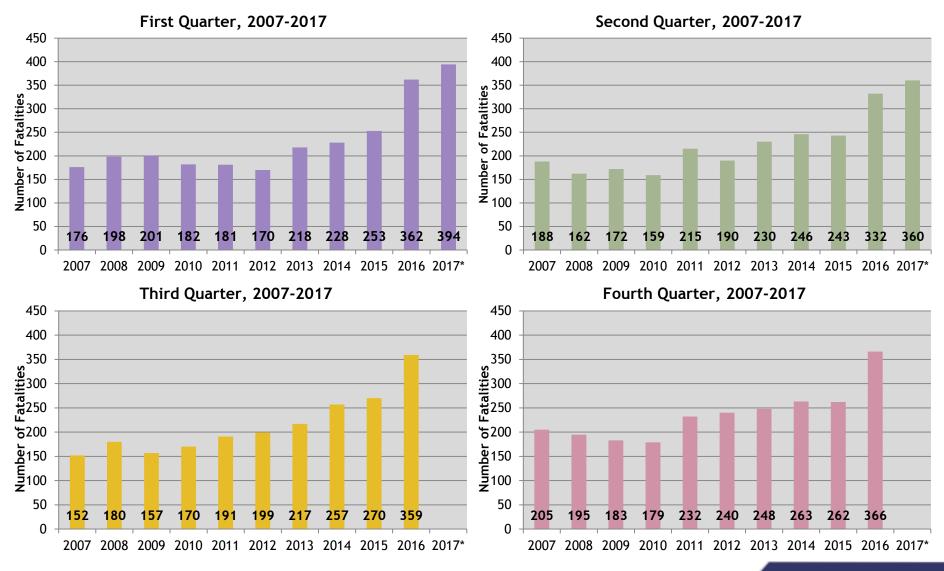


Total Number of Fatal Drug Overdoses by Quarter and Year of Death, 2007-2017 (<u>'Total Fatalities' for 2017 is a Predicted Total for the Entire Year</u>)

¹At the time of this analysis, approximately 30 cases from Q2 2017 were open and awaiting toxicology results and were therefore not included in the calculated total of Q2 2017.

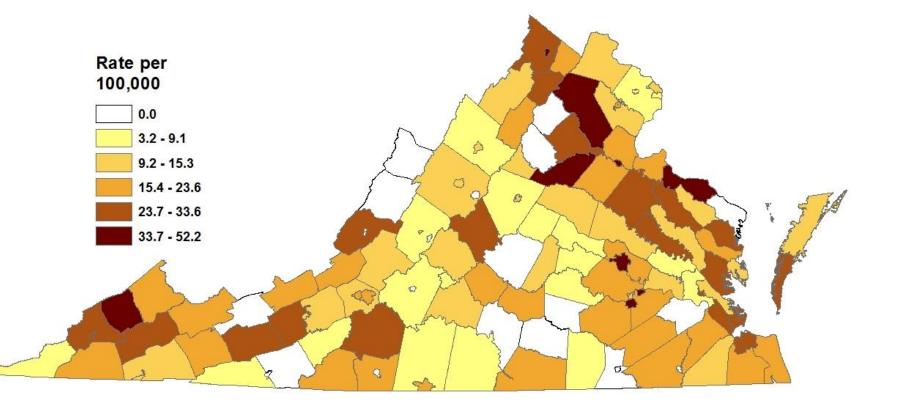


ALL DRUGS





Rate of All Fatal Drug Overdoses by Locality of Overdose, 2016





FATAL DRUG OVERDOSES BY NAME/CATEGORY

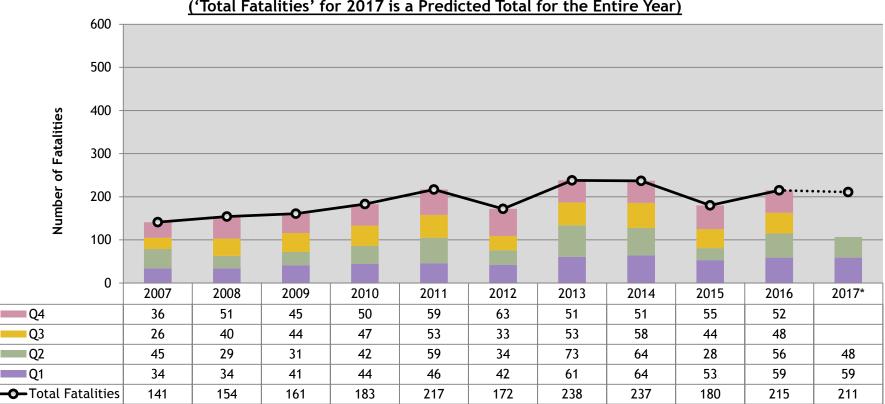


- Benzodiazepines
- Cocaine
- Fentanyl
- Heroin
- Prescription Opioids (excluding Fentanyl)



BENZODIAZEPINES

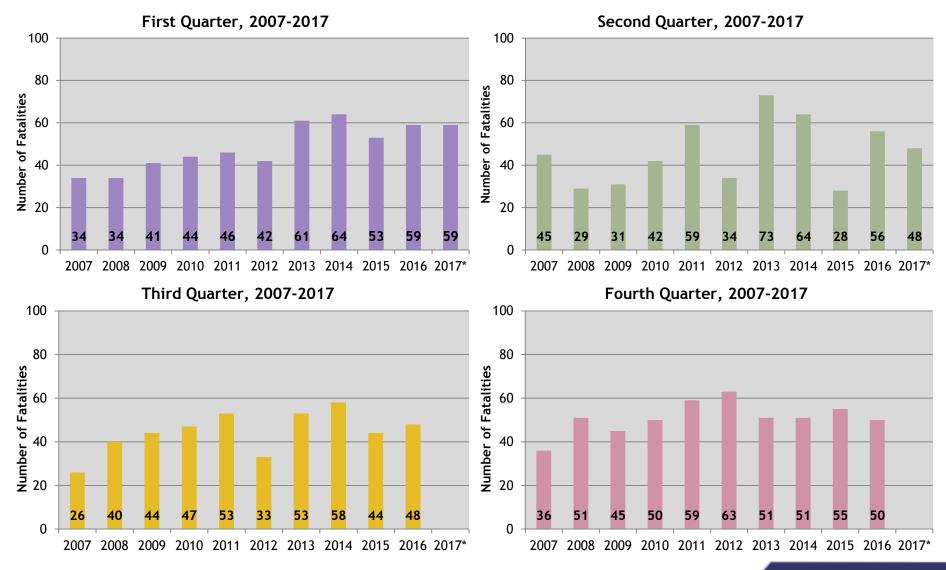
The number of fatal benzodiazepine-related overdoses has fluctuated each year. It is very uncommon for a decedent to fatally overdose on one or more benzodiazepines alone. However, when a person ingests other substances (e.g. alcohol, opiates, methamphetamine) in addition to larger, nontherapeutic amounts of benzodiazepines, the user is potentially creating a lethal cocktail of mixed substances. Nearly 77% of all fatal benzodiazepine overdoses over the 10 year time span (2007-2016) had one or more prescription opioids (excluding fentanyl) causing or contributing to death.



Total Number of Fatal Benzodiazepine Overdoses by Quarter and Year of Death, 2007-2017 ('Total Fatalities' for 2017 is a Predicted Total for the Entire Year)

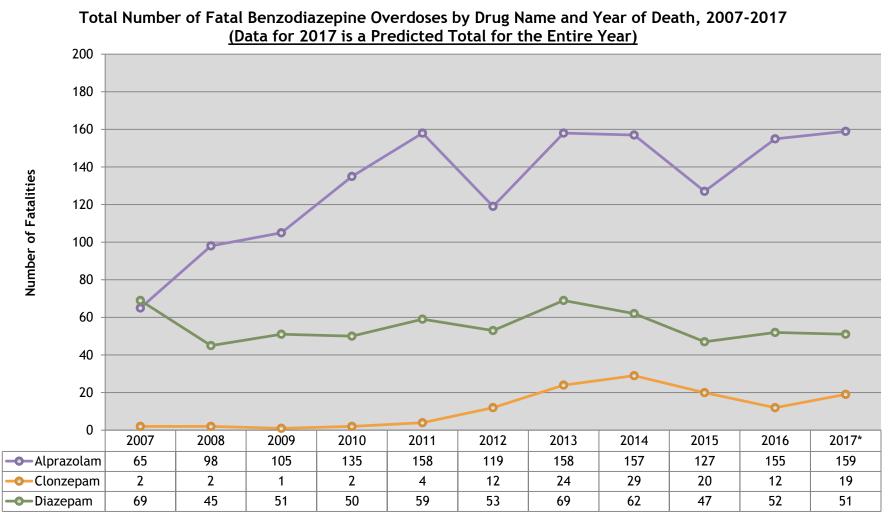


BENZODIAZEPINES





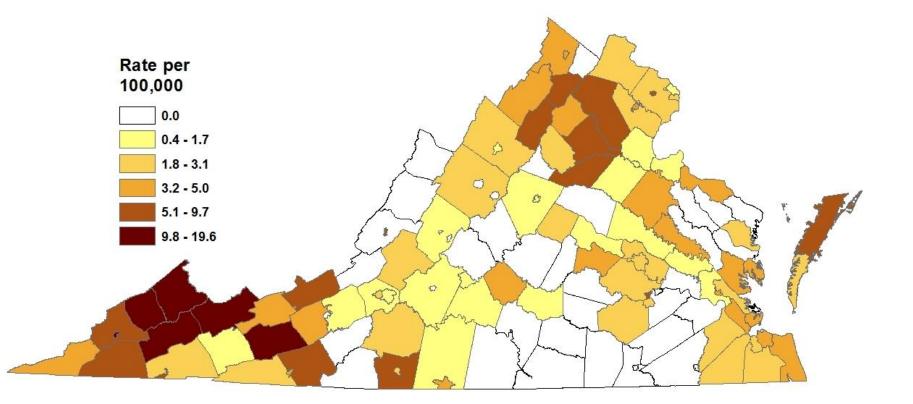
BENZODIAZEPINES



¹ Flurazepam, lorazepam, midazolam, nordiazepam, oxazepam, temazepam and triazolam were excluded from this analysis because of low annual case counts (<20 deaths per year) ² Each benzodiazepine is tallied by each time it caused or contributed to death (analyzed from either toxicology or the cause of death statement) and therefore the total number of benzodiazepines will far exceed the actual number of fatalities



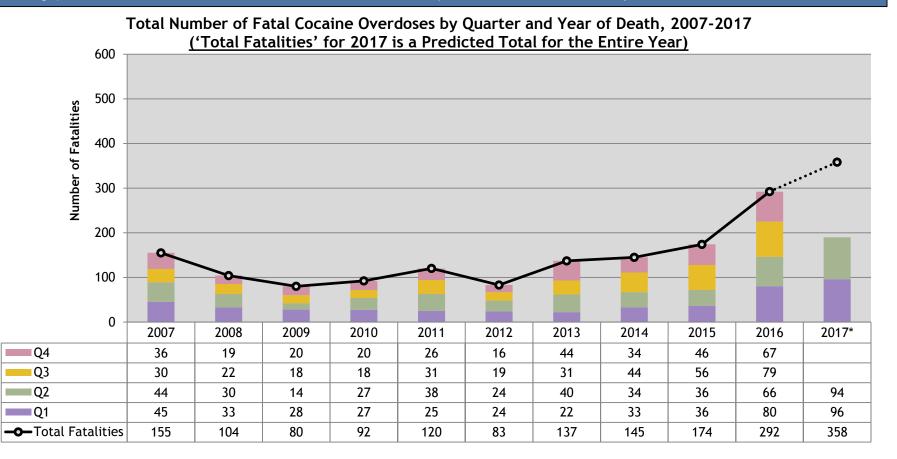
Rate of Fatal Benzodiazepine Overdoses by Locality of Overdose, 2014 - 2016





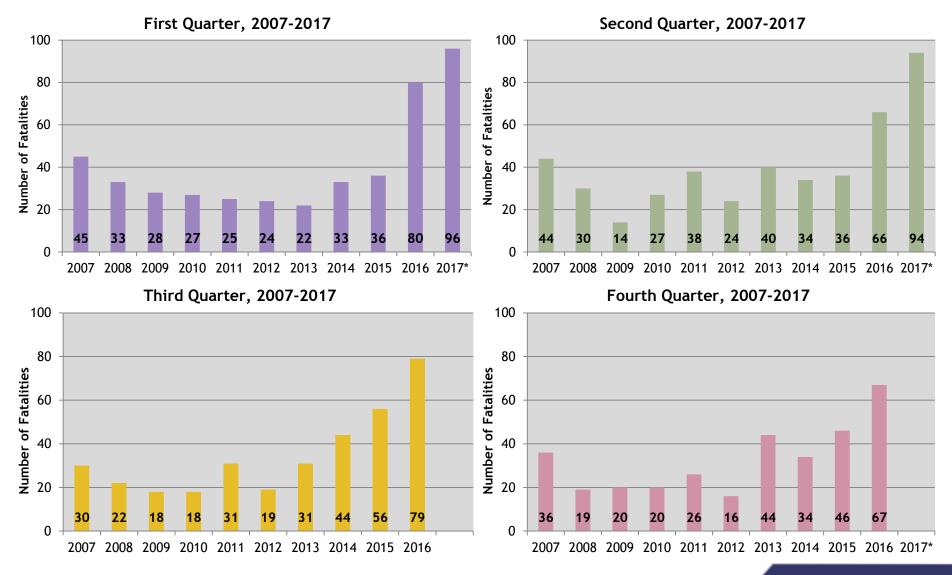
COCAINE

The total number of fatal cocaine-related overdoses statewide has been slowly increasing since 2013. Fatal cocaine overdoses from 2007-2015 typically occurred as the only substance causing or contributing to death, or in addition to lethal combinations of one or more opioid prescription drugs (excluding fentanyl) (36.6%), heroin (24.6%), and/or alcohol at or above the legal limit of 0.08% BAC (16.0%). In 2016, over 54% of cocaine deaths also included fentanyl (Rx, illicit, or analogs). The number of fatal cocaine overdoses in 2016 compared to 2015 increased by 67.8%.



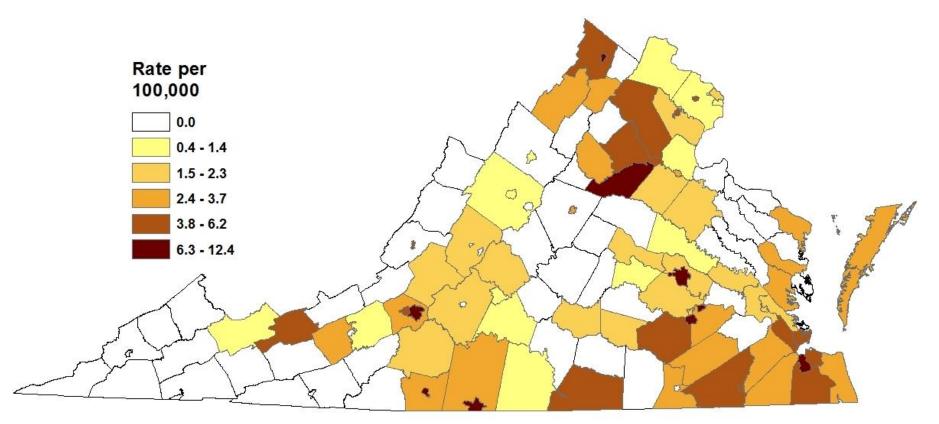


COCAINE





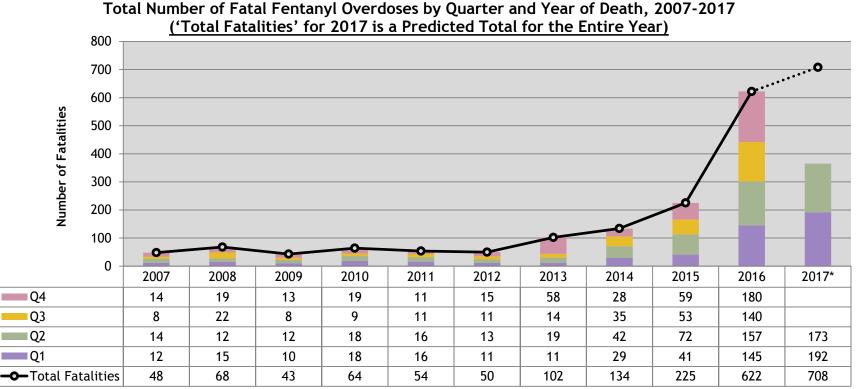
Rate of Fatal Cocaine Overdoses by Locality of Overdose, 2014 - 2016





FENTANYL

The total number of fatal fentanyl-related drug overdoses has sharply increased since 2012; which coincides with the dramatic increase in fatal heroin overdoses. Prior to 2013, most fentanyl-related deaths were due to illicit use of pharmaceutically produced fentanyl. However, in late 2013, early 2014, law enforcement investigations and toxicology testing demonstrated an increase in illicitly produced fentanyl. By 2016, most fatal fentanyl-related overdoses were due to illicitly produced fentanyl analogs, and not pharmaceutically produced fentanyl. For statistical purposes, 'fentanyl' includes all pharmaceutically produced fentanyl, illicitly produced fentanyl, and fentanyl analogs. The number of fatal fentanyl overdoses in 2016 compared to 2015 increased by 176.4%.

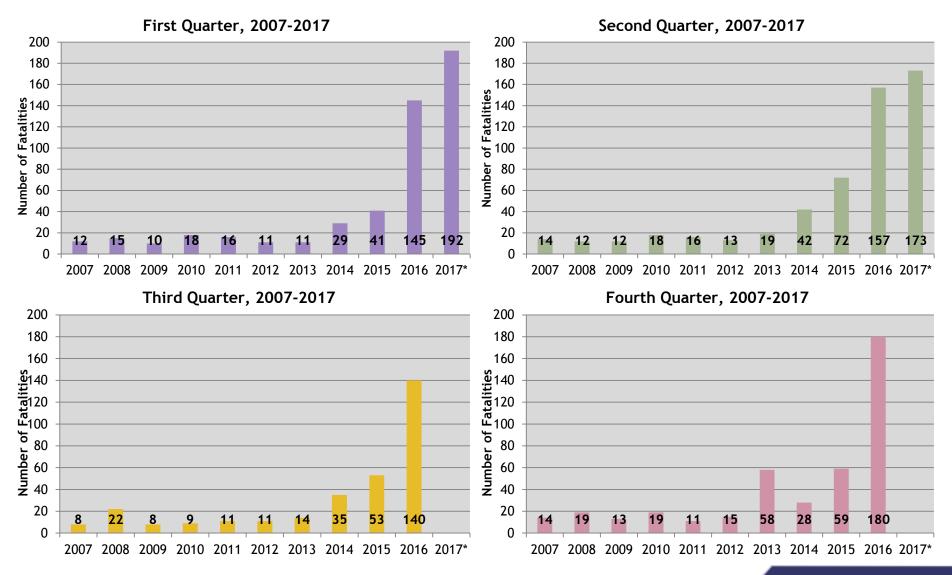


¹ Historically, fentanyl has been categorized as a prescription opioid because it is mass produced by pharmaceutical companies. However, law enforcement investigations and toxicology results have demonstrated that several recent fentanyl seizures have <u>not</u> been pharmaceutically produced, but illicitly produced. This illicit form of fentanyl is produced by international drug traffickers who import the drug into the United States and often, mix it into heroin being sold. This illicitly produced fentanyl has been the biggest contributor to the significant increase in the number of fatal opioid overdoses in Virginia.

² Illicit and pharmaceutically produced fatal fentanyl overdoses are represented in this analysis. This includes all different types of fentanyl analogs (acetyl fentanyl, furanyl fentanyl, etc.)



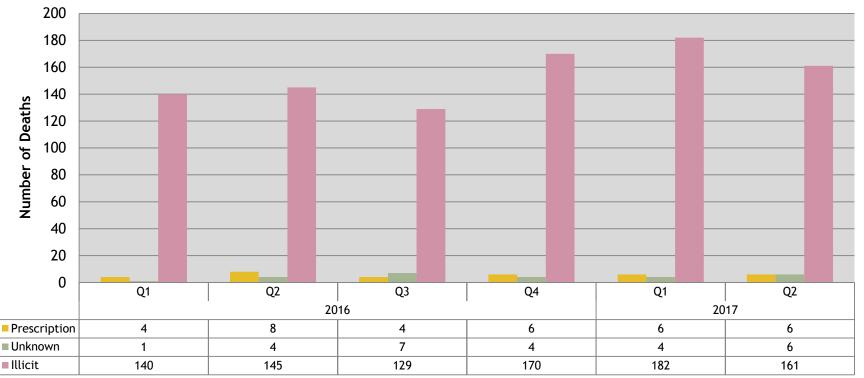
FENTANYL



VIRGINIA DEPARTMENT Protecting You and Your Environment

FENTANYL

In 2016, the OCME began collecting information on the suspected origin of fentanyl (pharmaceutical production, illicit production, or unknown) on all fatal overdoses involving fentanyl. The determination is made by reviewing the examination report, toxicology report, police report, and several other sources of information collected during the death investigation process. This classification is more subjective than objective, but still provides detailed insight to the current proportion of illicitly produced fentanyl in Virginia that is contributing to fatal overdoses. In all of 2016, it was estimated that 94% of fatal fentanyl overdoses were due to the illicitly produced versions of the drug; identical to the first half of 2017.



Total Number of Fatal Fentanyl Overdoses by Fentanyl Origin and Month of of Death, 2016-2017

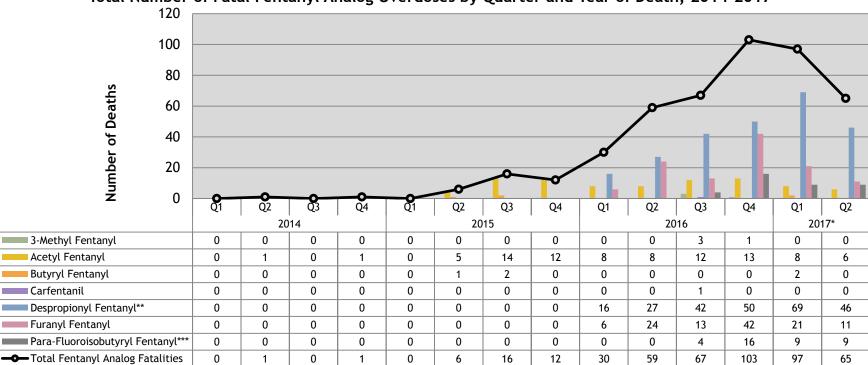
¹ Historically, fentanyl has been categorized as a prescription opioid because it is mass produced by pharmaceutical companies. However, recent law enforcement investigations and toxicology results have demonstrated that several recent fentanyl seizures have <u>not</u> been pharmaceutically produced, but illicitly produced. This illicit form of fentanyl is produced by international drug traffickers who import the drug into the United States and often, mix it into heroin being sold. This illicitly produced fentanyl has been the biggest contributor to the significant increase in the number of fatal opioid overdoses in Virginia.

² Illicit and pharmaceutically produced fatal fentanyl overdoses are represented in this analysis. This includes all different types of fentanyl analogs (acetyl fentanyl, furanyl fentanyl, etc.)



FENTANYL ANALOGS

Fentanyl analogs are a category of illicitly produced opioids very similar to fentanyl, but slightly different in their chemical structure. Fentanyl analogs began appearing in Virginia in 2014 and have risen dramatically since the beginning of 2016. In fatal overdoses, fentanyl analogs are most commonly found with fentanyl and/or two different fentanyl analogs together, and/or heroin or cocaine. Furthermore, some fatal fentanyl analogs are illicitly produced and are extremely potent, and can be blamed in part for the significant rise in fatal overdoses due to opioids. For statistical purposes, 'fentanyl' includes all pharmaceutically produced fentanyl, illicitly produced fentanyl, and fentanyl analogs.



Total Number of Fatal Fentanyl Analog Overdoses by Quarter and Year of Death, 2014-2017

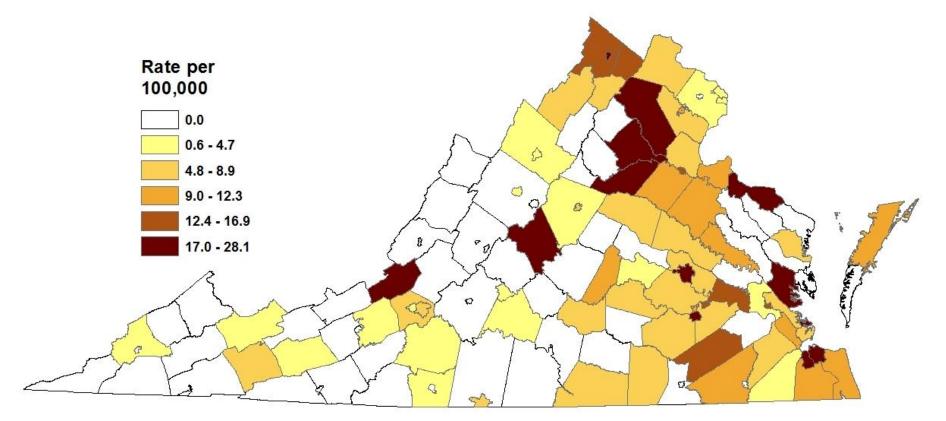
¹ Each fentanyl analog is tallied by each time it caused or contributed to death (analyzed from either toxicology or the cause of death statement) and therefore the total number of analogs will far exceed the actual number of fatalities

2 Despropionyl fentanyl is a major metabolite of furanyl fentanyl. Therefore, numbers presented in the 'despropionyl fentanyl' category control for furanyl fentanyl (despropionyl deaths without furanyl fentanyl).

3 In certain cases, specialized testing through an outside laboratory is needed for toxicology testing. In this laboratory, their testing for para-fluoroisobutyryl fentanyl and para-fluorobutyryl fentanyl cannot distinguish between the two analogs and therefore in this analysis, the two drugs are grouped together under 'para-fluoroisobutyryl fentanyl'



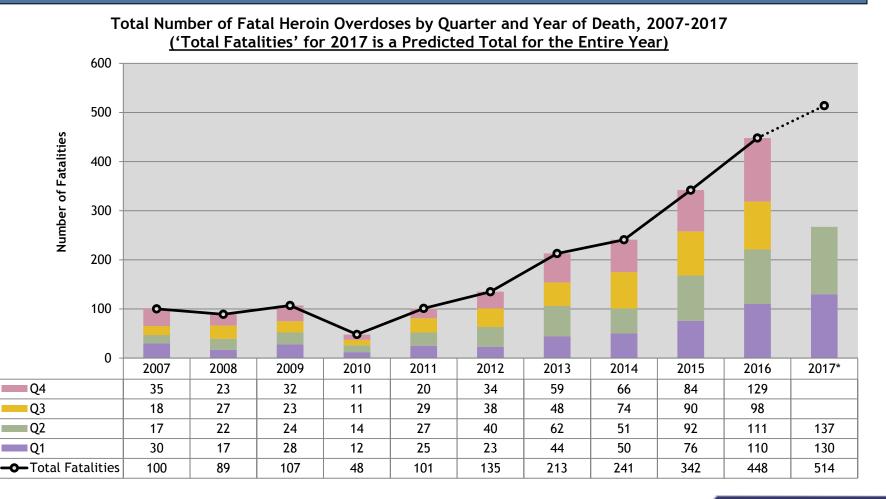
Rate of Fatal Fentanyl (Rx, Illicit, and Analog) Overdoses by Locality of Overdose, 2016





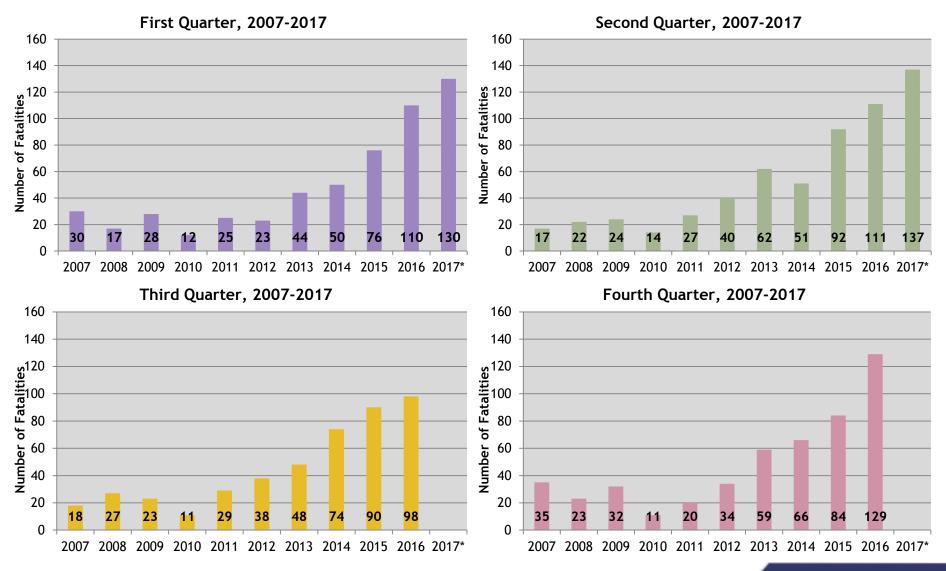
HEROIN

The total number of fatal heroin-related overdoses have been increasing since 2010. Fatal heroin overdoses often occur as the primary drug causing death, but more recently, fentanyl and/or fentanyl analogs in addition to heroin have caused fatal overdoses. Fatal heroin overdoses increased by 31.0% in 2016 when compared to 2015.



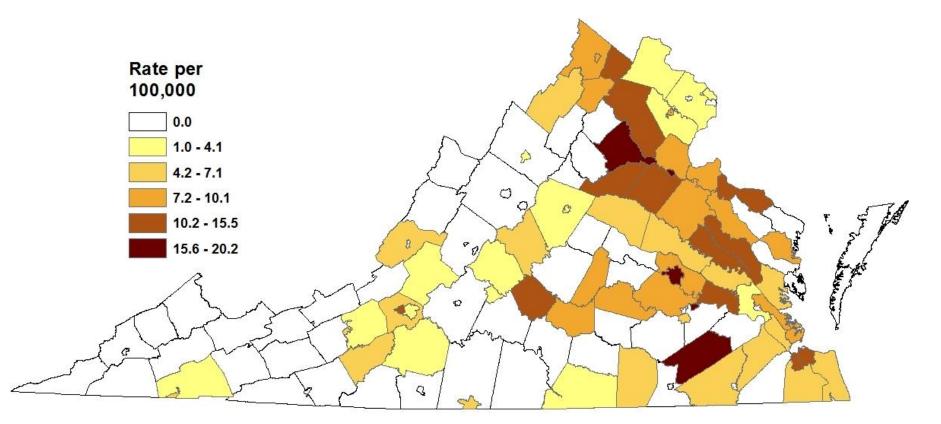


HEROIN





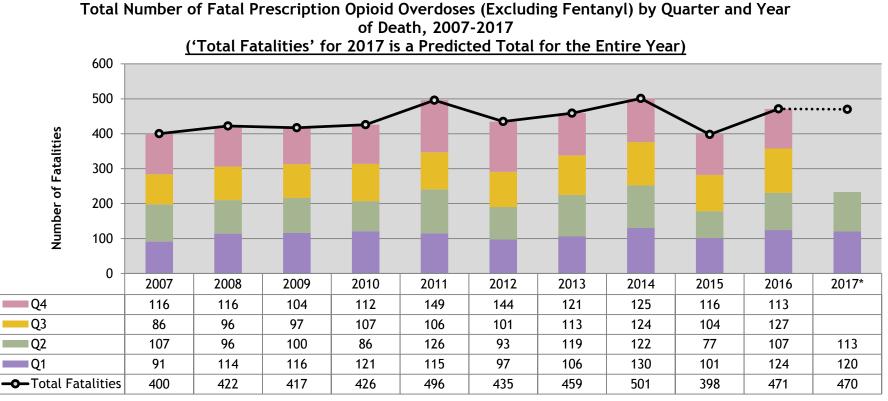
Rate of Fatal Heroin Overdoses by Locality of Overdose, 2016





PRESCRIPTION OPIOIDS (EXCLUDING FENTANYL)

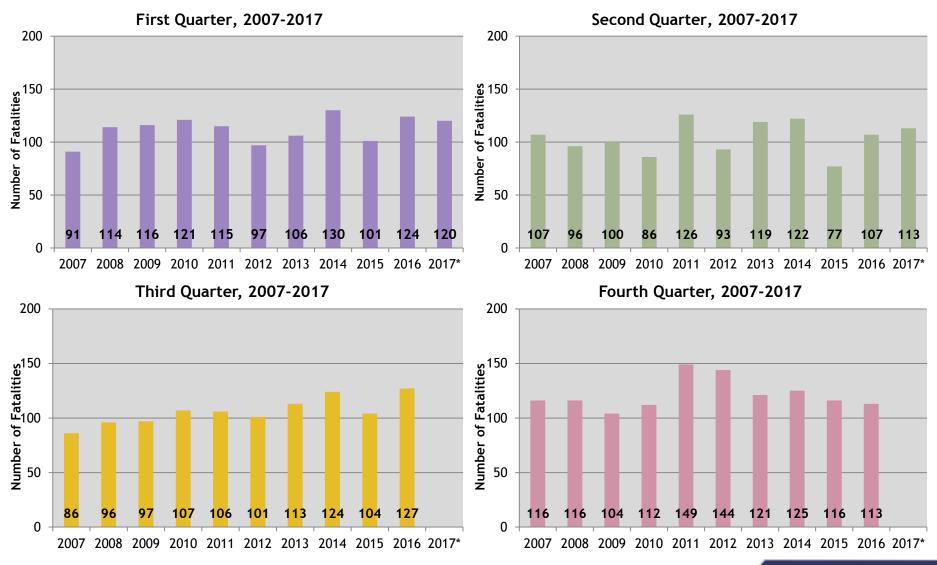
Since 2007, fatal prescription (Rx) opioid overdoses have been the leading category of drugs causing or contributing to death in the Commonwealth, with historically, oxycodone being the most common drug. Given the transition in fatal fentanyl overdoses from pharmaceutically produced fentanyl (2007-2014) to nearly all illicitly produced fentanyl (2015-present), fentanyl needs to be removed from the Rx opioid category and analyzed separately. This allows one to see the significant impact the drug is having on fatal overdose numbers in Virginia. By removing fentanyl from this Rx category, it is to be expected that Rx opioid fatalities from 2007-2013 to be slightly undercounted because true Rx fentanyl overdoses are excluded and combined with all 'fentanyl' to capture recent trends of illicit fentanyl in Virginia.



¹ 'Prescription Opioids (excluding fentanyl)' calculates all deaths in which one or more prescription opioids caused or contributed to death, but excludes fentanyl from the <u>required list</u> of prescription opioid drugs used to calculate the numbers. However, given that some of these deaths have multiple drugs on board, some deaths may have fentanyl in addition to other prescriptions opioids, and are therefore counted in the total number. Analysis must be done this way because by excluding all deaths in which fentanyl caused or contributed to death, the calculation would also exclude other prescription opioid deaths (oxycodone, methadone, etc.) from the analysis and would thereby undercount the actual number of fatalities due to these true prescription opioids.

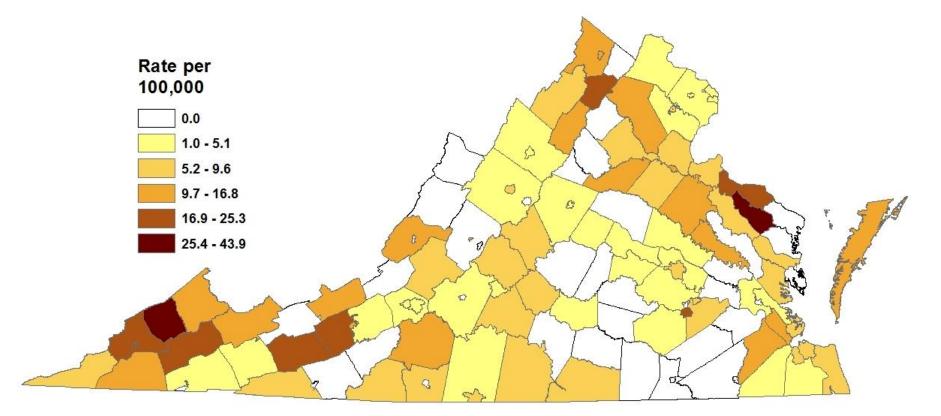


PRESCRIPTION OPIOIDS (EXCLUDING FENTANYL)





Rate of Fatal Prescription Opioid (Excluding Fentanyl) Overdoses by Locality of Overdose, 2016





FATAL DRUG OVERDOSES OF SPECIAL INTEREST

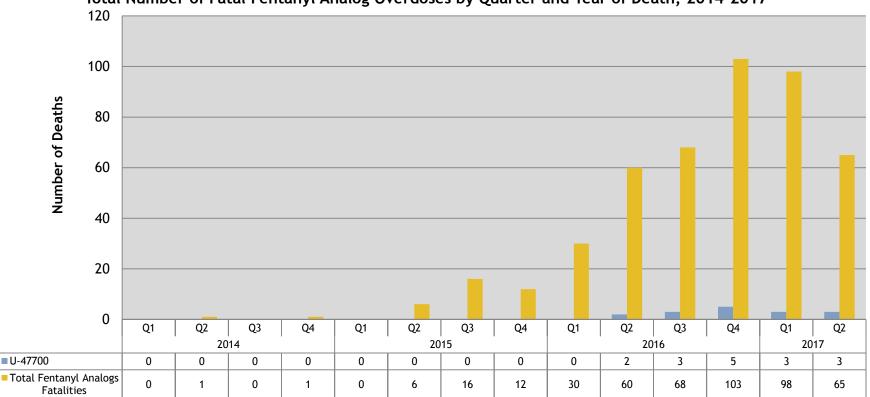


- Synthetic Opioids and Fentanyl Analogs
- All Opioids (Fentanyl, Heroin, and/or Prescription Opioids)
- Heroin and/or Fentanyl



SYNTHETIC OPIOIDS AND FENTANYL ANALOGS

Synthetic opioids are a large group of chemically manufactured drugs typically used as narcotic analgesics (fentanyl, oxycodone, and methadone are examples of synthetic opioids), whereas opiates like heroin and morphine are made from opium poppy plants. Fentanyl analogs and U-47700, while different, are synthetic opioids that are made illegally. Novel synthetic opioids like fentanyl analogs and U-47700 need to be monitored because as state and federal efforts are continually being made to schedule novel drugs, drug traffickers are persistently trying to stay one step ahead of the law by synthesizing and introducing novel synthetic opioids into the drug market.



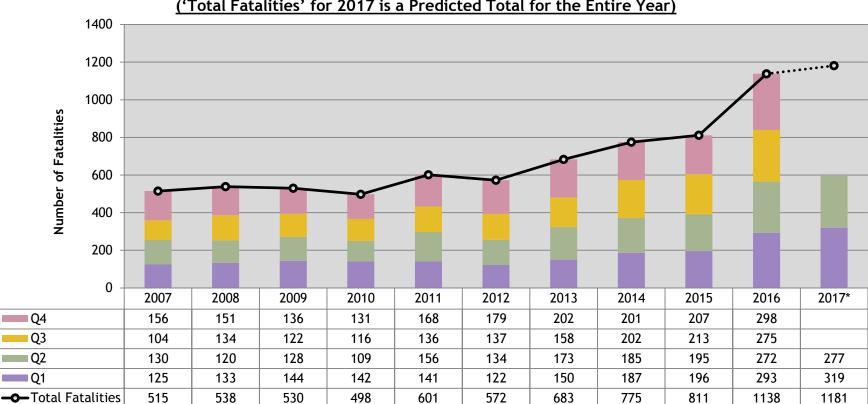
Total Number of Fatal Fentanyl Analog Overdoses by Quarter and Year of Death, 2014-2017

¹ Each fentanyl analog is tallied by each time it caused or contributed to death (analyzed from either toxicology or the cause of death statement) and therefore the total number of analogs will far exceed the actual number of fatalities



ALL OPIOIDS

From 2007-2015, opioids (fentanyl, heroin, U-47700, and/or one or more prescription opioids) made up approximately 75% of all fatal drug overdoses annually in Virginia. However, this percentage is increasing each year due to the significant increase in fatal fentanyl and/or heroin overdoses which began in late 2013 and early 2014. Fatal opioid overdoses increased by 40.3% in 2016 when compared to 2015.



Total Number of Fatal Opioid Overdoses by Quarter and Year of Death, 2007-2017 ('Total Fatalities' for 2017 is a Predicted Total for the Entire Year)

¹ 'All Opioids' include all versions of fentanyl, heroin, prescription opioids, U-47700, and opioids unspecified

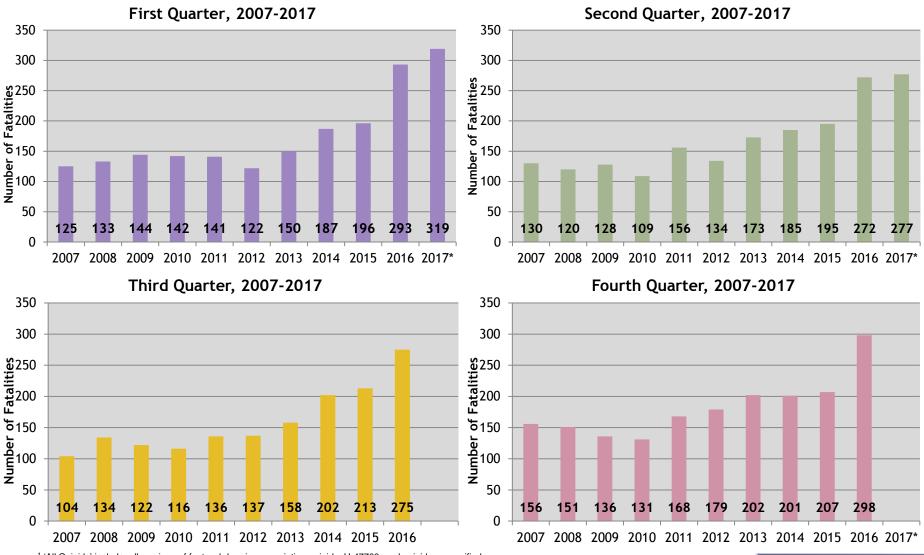
² 'Opioids Unspecified' are a small category of deaths in which the determination of heroin and/or one or more prescription opioids cannot be made due to specific

circumstances of the death. Most commonly, these circumstances are a result of death several days after an overdose, in which the OCME cannot test for toxicology because the substances have been metabolized out of the decedent's system.

³ Fatal opioid numbers have changed slightly from past reports due to the removal of fentanyl from the category of prescription opioids, as well as the addition of buprenorphine, levorphanol, meperidine, pentazocine, propoxyphene, and tapentadol added to the list of prescription opioids.



ALL OPIOIDS

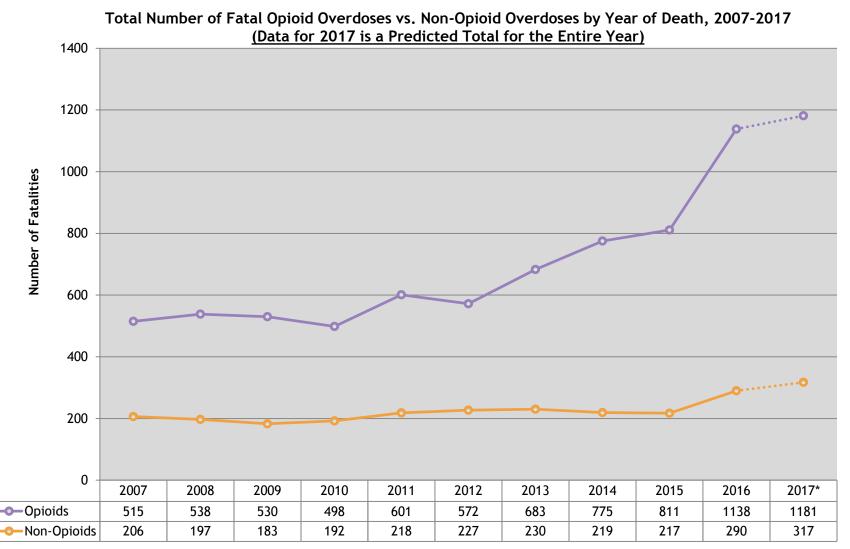


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OPIOIDS VS. NON-OPIOIDS

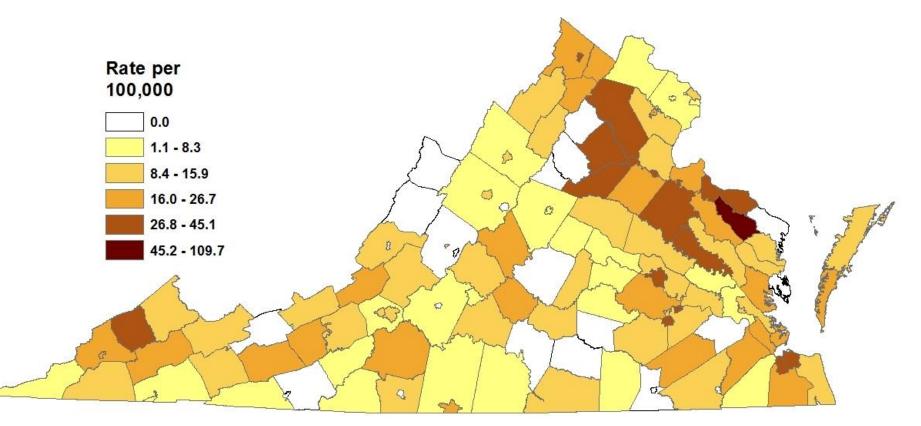


¹ 'All Opioids' include all versions of fentanyl, heroin, prescription opioids, U-47700, and opioids unspecified

² 'Opioids Unspecified' are a small category of deaths in which the determination of heroin and/or one or more prescription opioids cannot be made due to specific circumstances of the death. Most commonly, these circumstances are a result of death several days after an overdose, in which the OCME cannot test for toxicology because the substances have been metabolized out of the decedent's system.



Rate of All Fatal Opioid Overdoses by Locality of Overdose, 2016

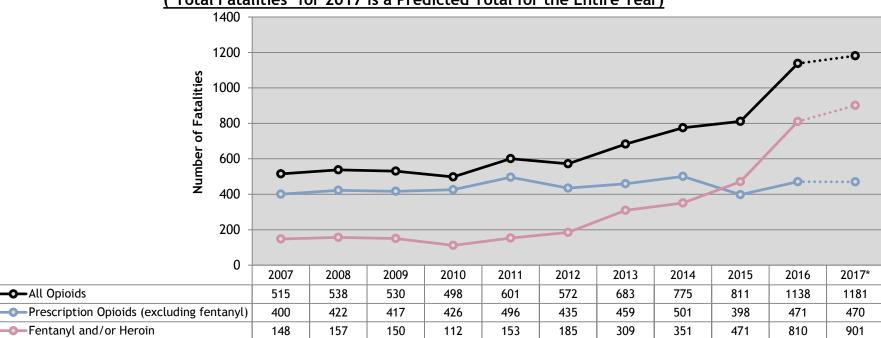




OPIOIDS- A DIFFERENT PERSPECTIVE

Prescription opioids are a group of drugs that are commercially made by pharmaceutical companies in certified laboratories that act upon the opioid receptors in the brain. Historically, fentanyl has been one of these drugs. However, in late 2013, early 2014, illicitly made fentanyl began showing up in Virginia and by 2016, most fatal fentanyl overdoses were of illicit production of the drug. Separating fentanyl from the grouping of prescription opioids for this reason demonstrates a slight decrease in fatal prescription opioid overdoses in 2015 and a dramatic increase in the number of fatal fentanyl and/or heroin overdoses. This has caused the significant rise in all fatal opioid overdoses in the Commonwealth since 2012.

Total Number of Prescription Opioid (Excluding Fentanyl), Fentanyl and/or Heroin, and All Opioid Overdoses by Year of Death, 2007-2017



('Total Fatalities' for 2017 is a Predicted Total for the Entire Year)

¹ 'All Opioids' include all versions of fentanyl, heroin, prescription opioids, and opioids unspecified

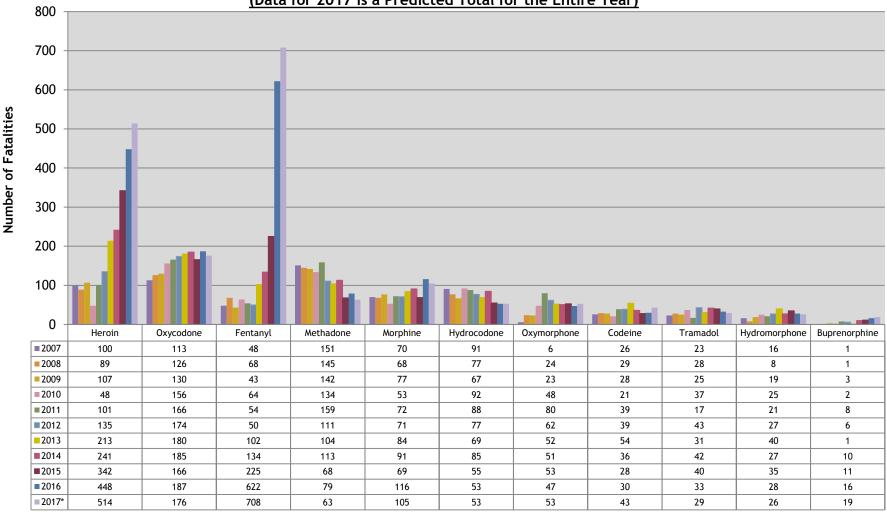
² Illicit and pharmaceutically produced fatal fentanyl overdoses are represented in this analysis. This includes all different types of fentanyl analogs (acetyl fentanyl, furanyl fentanyl, etc.)

³ 'Prescription Opioids (excluding fentanyl)' calculates all deaths in which one or more prescription opioids caused or contributed to death, but excludes fentanyl from the **required list** of prescription opioid drugs used to calculate the numbers. However, given that some of these deaths have multiple drugs on board, some deaths may have fentanyl in addition to other prescriptions opioids, and are therefore counted in the total number. Analysis must be done this way because by excluding all deaths in which fentanyl caused or contributed to death, the calculation would also exclude other prescription opioid deaths (oxycodone, methadone, etc.) from the analysis and would thereby undercount the actual number of fatalities due to these true prescription opioids.



ALL OPIOIDS

Total Number of Fatal Opioid Overdoses by Drug Name and Year of Death, 2007-2017 (Data for 2017 is a Predicted Total for the Entire Year)



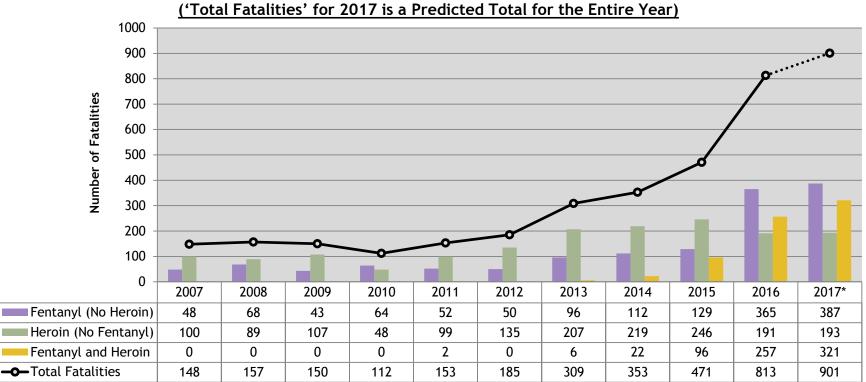
¹ Illicit and pharmaceutically produced fatal fentanyl overdoses are represented in this analysis. This includes all different types of fentanyl analogs (acetyl fentanyl, furanyl fentanyl, etc.)

² Levorphanol, meperidine, pentazocine, propoxyphene, and tapentadol were excluded from this analysis due low annual case counts (<20 deaths)



FENTANYL AND/OR HEROIN

The total number of fatal fentanyl and/or heroin overdoses have significantly increased since late 2012. It is important to look at these two drugs together because as heroin became more popular in 2010, fentanyl occasionally began showing up as an additive to the heroin. By late 2013 and early 2014, some heroin being sold on the street was actually completely fentanyl, unbeknownst to the user. It is essential to look at these fentanyl (no heroin), heroin (no fentanyl), and fentanyl and heroin combination deaths together because users never know exactly what is in the illegal drugs purchased off the streets. Fatal fentanyl and/or heroin overdoses increased by 72.6% in 2016 when compared to 2015.

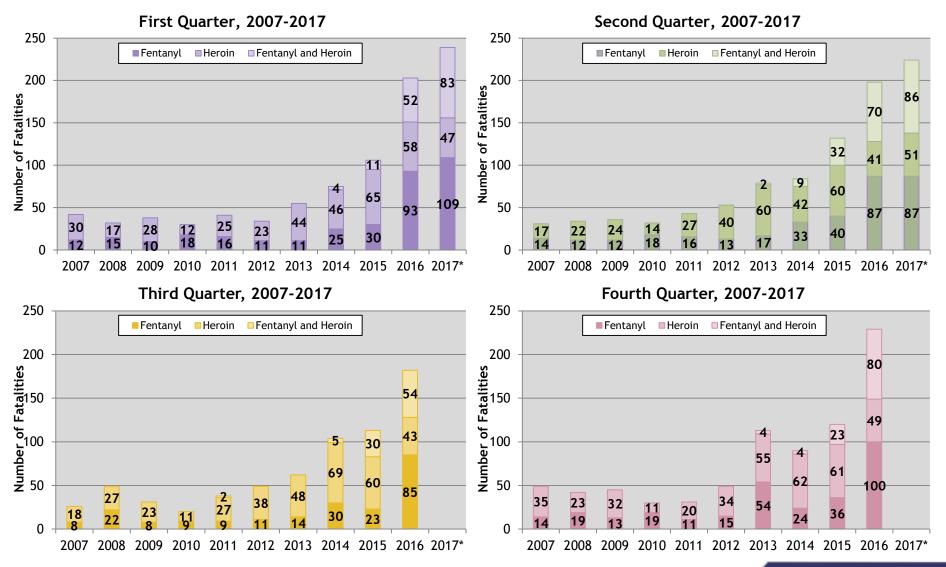


Total Number of Fatal Fentanyl and/or Heroin Overdoses by Year of Death, 2007-2017

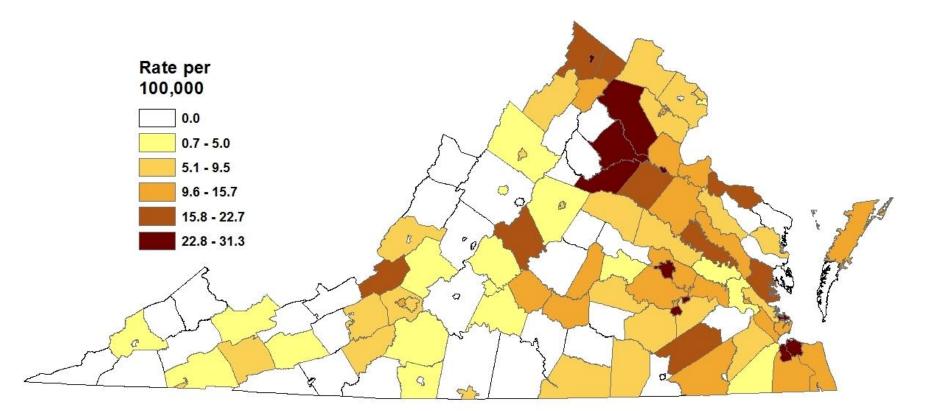
¹ Illicit and pharmaceutically produced fatal fentanyl overdoses are represented in this analysis. This includes all different types of fentanyl analogs (acetyl fentanyl, furanyl fentanyl, etc.)



FENTANYL AND/OR HEROIN





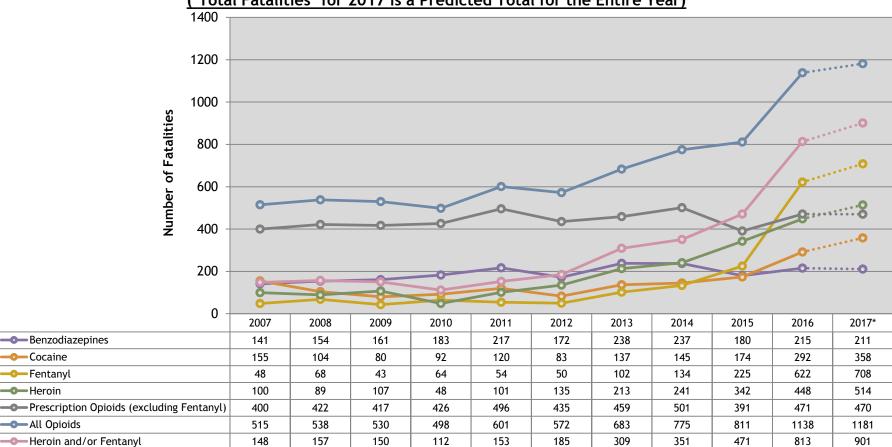


Rate of Fatal Fentanyl (Rx, Illicit, and Analogs) and/or Heroin Overdoses by Locality of Overdose, 2016



ALL DRUGS

Total Number of Fatal Drug Overdoses Drug Name/Category and Year of Death, 2007-2017 ('Total Fatalities' for 2017 is a Predicted Total for the Entire Year)



¹ Deaths may be represented in more than one category due to groupings of drug categories (e.g. heroin)

² 'All Opioids' includes all versions of fentanyl, heroin, prescription opioids, U-47700, and opioids unspecified

³ Opioids Unspecified' are a small category of deaths in which the determination of heroin and/or one or more prescription opioids cannot be made due to specific

circumstances of the death. Most commonly, these circumstances are a result of death several days after an overdose, in which the OCME cannot test for toxicology because the substances have been metabolized out of the decedent's system.

⁴ Historically, fentanyl has been categorized as a prescription opioid because it is mass produced by pharmaceutical companies. However, recent law enforcement investigations and toxicology results have demonstrated that several recent fentanyl seizures have not been pharmaceutically produced, but illicitly produced. This illicit form of fentanyl is produced by international drug traffickers who import the drug into the United States and often, mix it into heroin being sold. This illicitly produced fentanyl has been the biggest contributor to the significant increase in the number of fatal opioid overdoses in Virginia.

⁵ Illicit and pharmaceutically produced fatal fentanyl overdoses are represented in this analysis. This includes all different types of fentanyl analogs (acetyl fentanyl, furanyl fentanyl, etc.)



CONTACT INFORMATION

This report is compiled by the Virginia Department of Health, Office of the Chief Medical Examiner. For additional information regarding these or other statistics, please contact:

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